



CARS

CHARLOTTESVILLE
ALBEMARLE RESCUE SQUAD

2021 ANNUAL REPORT



Mission: To provide continuously improving high quality emergency medical and special rescue services to the citizens of the Charlottesville, Albemarle and the University of Virginia communities by utilizing the collaborative effort of a diverse team of highly skilled volunteers in alliance with partner agencies.

A Message From Our President

I am happy to present to you the Annual Report for the Charlottesville-Albemarle Rescue Squad. Our rescue squad has been in continuous existence for more than sixty years, since we were formed in 1960. We continue to answer calls for assistance and look forward to continuing to serve our community in the future!

Things have certainly changed since our early years. We are now dispatched by a modern 911 center instead of a local lawyer's secretary. Training requirements have increased. We can do more things to help a patient on scene and have better communications with the local hospitals. We are no longer the only rescue squad in town, instead working with the volunteers of Western Albemarle Rescue Squad and some County fire stations and the paid providers of the City of Charlottesville Fire Department and Albemarle County Fire Rescue.

However, some things haven't changed. All of our providers are still volunteers. While we have hired a full-time Executive Director and are very pleased we have someone who can do some of the needed work full-time, the majority of our operations are still handled by dedicated volunteers who provide their time and knowledge to our community.



As we look to the future, we are working on upgrading our equipment and especially our ambulances, which have seen a lot of use. In addition, we are looking to revamp our station, which is the oldest in the City and County and has not changed much since the mid-1960s. Most of all, we are looking to continue to do our part in a regional high-performing EMS system.

Special Rescue Calls

9 Remote Access Emergencies
17 Water Rescues

Thank you for your support!

Jon Howard
President, CARS

The Value of 145 Volunteers



In FY 21, CARS volunteers ran **5,988 calls** - **72% of the City's EMS calls and 21% of the County's calls**. This equates to over **80,000 hours of service** and **\$3.4 million** is cost saving to our citizens. Additionally our volunteers served at 28 medical standby events.

Types of Calls

Sick Person: 30.1%
Falls: 20.5%
Injured Person: 15.4%
Chest Pain: 15.4%
Unknown problem: 15.0%
Breathing problems: 14.7%
Motor Vehicle Crashes: 10.3%
Structure Fires: 0.7%



CARS Hires First Executive Director

Before relocating to Charlottesville, Sherri Frantz successfully led nonprofit and government organizations in Canton, Ohio. She has extensive experience in organizational growth, team development, volunteer recruitment and retention, grant writing and management, and fundraising. Sherri works with the board and volunteers, harnessing their energy and expertise, to help the organization implement its strategic plan and achieve its goals. "When we identified the need for an executive director through our strategic planning process, we couldn't have hoped for a better candidate than Sherri," says Chief Virginia Leavell. "We are thrilled to welcome her to the CARS/ACFR family!"



Commitment to Diversity Equity & Inclusion

CARS's Inclusivity & Equity Committee focuses on promoting health equity in the Charlottesville City and Albemarle County communities, as well as working within our CARS community to create anti-racist, just, and educated providers. The committee identifies opportunities for improvement, develops trainings for providers, promotes accountability based on our core values, and supports our existing processes to address inequitable actions.

- Over 50% members are female, including both the Chief & Assistant Chief
- Approximately 20% BIPOC providers
- Over 50% of operational leadership BIPOC
- 33% of board members identify as female



Cochran Award Winner

Life member Michael Berg received the Cochran Award for his many years of dedication and service.

FY21 Budget

Operational Expenses

Apparatus	\$180,000
Administration	\$155,000
Communications	\$20,000
COVID Supplies	\$20,000
Food	\$55,000
Fund Drive	\$25,000
McIntire Building	\$100,000
Medical Expenses	\$130,000
Special Operations	\$25,000
Subscription & Dues	\$9,000
Technology	\$15,100
Training	\$15,000
Uniforms & Boots	<u>\$30,000</u>
	\$779,100

Capital Expenses

New ambulance	\$243,000
LifePaks	\$63,000
Computer Upgrade	<u>\$20,000</u>
	\$326,000
Total Expenses	
	\$1,105,100

Revenue

Albemarle County	\$116,300
COVID Grant	\$10,000
Dividends	\$9,666
Donations	\$410,000
Revenue Recovery City of Charlottesville	\$450,000
University of Virginia	<u>\$50,000</u>
	\$1,045,966



CARS Newest Life Member Michael Chilmaid

Becoming a Life Member of CARS is a huge commitment and is not

something most volunteers achieve. It requires 8 years (more than 5,000 hours) of service.. In October, we welcomed our newest Life Member, Michael Chilmaid to this elite group.

Michael is a native of England and first joined the Charlottesville-Albemarle Rescue Squad in 2009, as a newly trained EMT while attending UVA. In 2011, he completed his Trauma level class and went on to become a medic in the Spring of 2013, shortly before graduating with his degree in psychology.

Michael remained involved with CARS while getting his master's degree in Healthcare Administration from University of North Carolina at Chapel Hill. Shortly after graduating in 2018, Michael accepted a position at Emory HealthCare in Atlanta. The 500 mile distance didn't deter Michael's commitment to CARS. He commuted to Charlottesville so he could run shifts on weekends. He stayed with friends in Charlottesville or family in Richmond and occasionally stayed in a hotel. When asked why he made this sacrifice, Michael replied, "I missed providing patient care and the people at CARS." The EMS system in Atlanta is career based so it did not offer opportunities for Michael to get involved.

Michael returned to Charlottesville in 2019, when he accepted a job at UVA Health as a Quality &

Performance Improvement Coach. In this role, he works with various teams across the UVA Medical Center to improve clinical quality, operational efficiency, and staff engagement.

Michael has served in various roles with the agency and is currently an active Medic and Shift Supervisor and is a member of the Board of Directors. Beyond CARS, Michael's EMS experience includes work with the UVA Special Event Medical Management team. In his free time, he enjoys traveling, running, and is a big soccer fan.

Congratulations, Michael and thank you for your many years of service and contributions to CARS!



Medic Ed Meyers Retires

After 34 years of service, medic Ed Meyers retired in May. Ed has volunteered thousands of hours, provided exceptional patient care and mentored many of our members. He's also our Treasurer and member of the Board of Directors. Thank you, Ed for your countless contributions; you will be so missed! Enjoy your next adventure!

Over 244 Years of Experience

Serving on a nonprofit board is a big deal. Board members are ultimately responsible for steering the organization towards a sustainable future by adopting sound, ethical, and legal governance and financial management policies, ensuring it has adequate resources to advance its mission. This requires members to have knowledge about the services the organization provides, a committed to its mission and a willing to honor confidentiality.

Collectively the Charlottesville Albemarle Rescue Squad (CARS) Board of Directors have over 244 years of EMT experience. They are community leaders, business owners, paramedics, big thinkers, students, passionate visionaries, parents, collaborators and fundraisers.

They are deeply committed to our community, CARS patients and providers. They value quality and diversity and are dedicated to being a recognized leader in innovative, cost effective, clinically sophisticated & scientifically based, comprehensive services.

Michael Berg
Kerry Bush, Secretary
Christine Flora
Jon Howard, President
Virginia Leavell, Chief
Shawn Tevendale
Hunter Ware, Vice-President

Harrison Brookeman
Jen Fleisher
Sherri Frantz, Ex-Officio
Doug Layton
Ed Meyers, Treasurer
Thomas von Hemert



20 of our members graduated from UVA this Spring.



We provided 624.5 hours of medical standby coverage at 28 events



Our volunteers at Swift Water Training

MEMBER OF THE MONTH

Every month our members nominate one of their own who has gone above and beyond, exceeding the expectations of their job. CARS is fortunate to have a group of volunteers who selflessly serve others:

July: Clayton Geipel
 August: Jaime Lear
 September: Adele Kofler
 October: Rachael Zhang
 November: Marguerite Matter
 December: Erin Flores
 January: Meesha Vullikanti
 February: JW Albright
 March: Joe Roberts
 April: Jonathan Day
 May: Shanice Artis
 June: Grace Rovenolt



Kevin Livingstone was the first recipient of the Dr. Richard Crampton EMS Research Grant. He will be working to study the effects of stress on EMS providers and cardiovascular health. We are excited to help support the work you will do over the next year!



"Our professional healthcare providers are supported by the most rigorous training and mentorship programs available. They come from a wide variety of backgrounds, and include many distinguished members of our community, not just doctors and nurses, but also, engineers, lawyers, and graduate students."

*Dr. J. Forrest Calland, MD
 Operational Medical Director
 Squad Physician
 Wellness Officer*



This year we hosted our 30th annual VEHEXT Training.



Our new ambulance. Paid for solely with donations.